



**NO  
OTHER  
gODS**

*— 30 Days of Worship —*

# DAY 19

— *Ashtoreth / Comfort / Voice* —

## READ

### *Psalm 30*

*<sup>4</sup> Sing praises to the Lord, O you his saints,*

*and give thanks to his holy name.*

*<sup>5</sup> For his anger is but for a moment, and his favor is for a lifetime.*

*Weeping may tarry for the night, but joy comes with the morning.*

*<sup>11</sup> You have turned for me my mourning into dancing;*

*you have loosed my sackcloth and clothed me with gladness,*

*<sup>12</sup> that my glory may sing your praise and not be silent.*

*O Lord my God, I will give thanks to you forever!*

# DAY 19

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## REFLECT

This psalm addresses the many hardships of this life, whether we bring them on ourselves or whether the world in which we live is the cause. But either way, we can know for sure that if we are counted among “his saints,” morning will come. We never know *when* it will come, but we can be sure that our suffering won’t last forever.

What are the painful things in your life that are tempting you to run to Ashtoreth for relief?

Are you beginning to reach for the remote or that video game to stop your mind from thinking anymore? Are you thinking about indulging in your favorite comfort food?

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## RESPOND

Instead of reaching for the quick fix that Ashtoreth offers, use this time to worship Jehovah Jireh, our Provider. Even if you haven't seen relief come yet, step out in faith and dance before the Lord anyway!

Worship the Lord as you lift your voice and sing the lyrics below about your determination to let God be your comfort through all the difficulties of life.

<https://tinyurl.com/yyhqwaf4>

As you go throughout the day today, talk to your soul and remind it to say "Thank you" to God for his coming relief. Remind your soul that God is trustworthy, and his rescue is worth waiting for! Tell your soul that God is at work, making all things work together for your good. You can trust him!